

## My Promises

My sweet Rhonda,

You are my partner, my best friend, my love.

This wave we are riding has always felt unquestionably right.

You make me extremely happy and you make me smile.

I promise I will do the same for you.

I promise to love you as my life partner in good times and in bad,

when life seems easy and when it seems hard,

when our love is simple, and when it is an effort.

I promise to keep myself and our relationship in good health and never take either for granted.

I promise to encourage, support, and believe in you.

I promise to recognize your strengths and to see your potential.

I promise to always be understanding and see situations in the positive.

I promise to speak to you AND about you with kindness and compassion.

I promise to love myself as much as I love you and to never expect you to complete me.

I promise to respect your boundaries.

I promise to communicate openly, especially in times when it may be difficult and to never intentionally hurt you.

I promise to listen with an open mind and an open heart.

I promise to allow you to be your best self and to step back if I interfere with your well-being.

I promise to be a safe space for your secrets and vulnerabilities.

I promise to honor your dreams and fears and to understand and accept who you are right in this moment, not who I want you to be or how I expect you to change.

I promise to have patience through the dark times, as darkness always comes, and it's always temporary.

I promise to always make time for you.

I promise to never keep score.

I promise to choose love, even when it doesn't feel like an option.

I promise not to take you for granted.

I promise to continue our 27 year bond forever,

to always be your friend and

to ALWAYS hold love and kindness for you in my heart no matter what our paths.

I will always be faithful and will never violate your trust.

## My Hopes

I hope to grow old together and to share the rest of my life with you.

I hope to never lose the admiration and amazement I see when I look at you

or the spark when I look in your eyes or feel your touch.

I hope to continue to deserve your love

I hope to always see the love in your eyes when you look at me.

These things I give to you today, and all the days of our lives.

I give you this ring as a reminder of my promises and hopes.